

What is Herbal Medicine?



Herbal Medicine is just one element in the coherent system of Oriental Medicine. Herbs are usually prescribed in conjunction with acupuncture treatments. Each herbal prescription is unique and developed to suit each patient's individual health needs at a particular time. No two formulas are alike.

Unlike western medicine, the balance and interaction between all of the ingredients are more important than the effect of any individual herb. Herbal medicine is safe to take along with most other medications and supplements. However, acupuncture & herbs are also recommended for individuals seeking a natural, holistic therapy or for people who wish to wean themselves off a dependence on prescription drugs.

Please contact us for a consultation.

IS HERBAL MEDICINE SAFE FOR VEGETARIANS?

Yes. Most formulas contain over 90% natural plant & mineral materials (leaves, bark, roots, etc.) as well as some animal sources. However, most prescriptions can be adapted to for vegetarians. We only use the finest quality ingredients, selected and purchased from reputable sources in the U.S.

IS HERBAL MEDICINE EXPENSIVE?

No. Although the cost of herbs can vary from patient to patient, the majority of herbal prescriptions are very affordable and cost effective.



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