

Community Acupuncture

At SunDo Mountain Taoist Center

EZ Acupuncture & Herbs • info@ezacupuncture.com • (860) 502-9462

Dates

1st Wednesday of each Month

Time

3:00pm to 6:00pm

Location

SunDo Mountain Taoist Center
45 South Main Street, Suite 90
West Hartford, CT 06107
860.523.5260

www.sundo.org

Cost

\$30

About Community Acupuncture

Community acupuncture is a return to traditional healing, where treatments were conducted in a group rather than individual setting. Group treatments foster a sense of community and support and are convenient for family members or friends to receive treatment together. This also allows us to make acupuncture more affordable and accessible for our patients.

Acupuncture is a safe, natural holistic therapy that utilizes your body's inherent ability to heal itself. This treatment relieves pain, reduces inflammation, enhances immunity and promotes healing. Additional benefits include relief from headaches, improved sleep, and a deep sense of relaxation. Community acupuncture is performed on zero gravity recliners or yoga mats for your comfort and convenience. Most treatments take about thirty minutes and require no disrobing.

Appointments are required.

Visit www.ezacupuncture.com for more information!